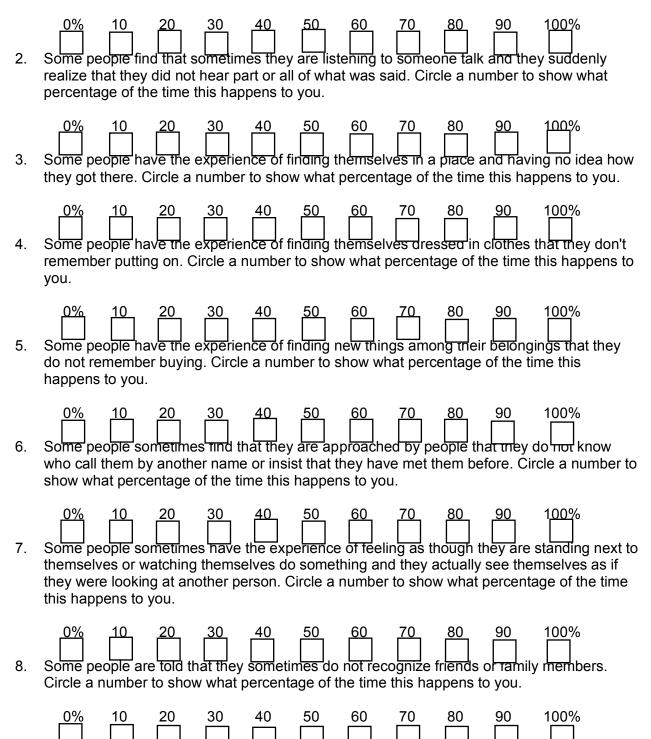
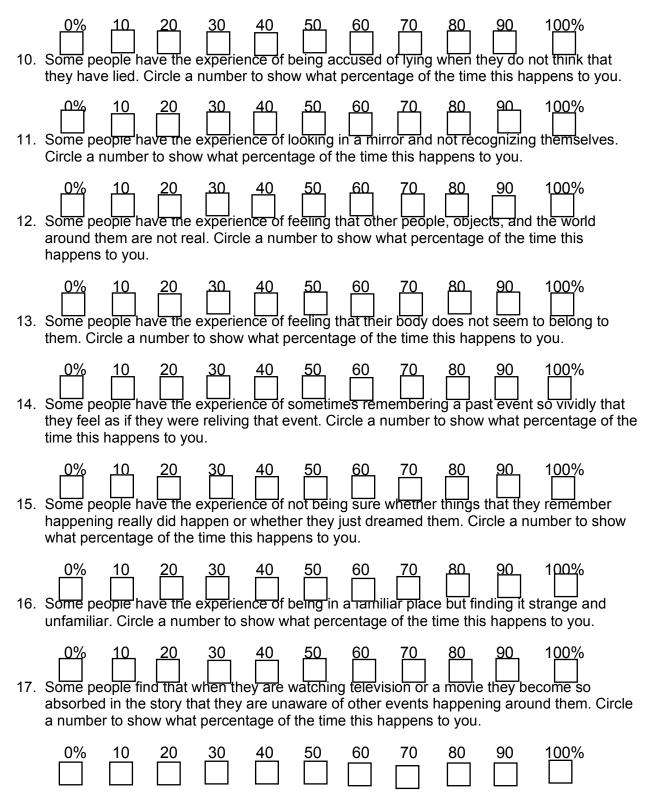
Date	Age	Sex: M F
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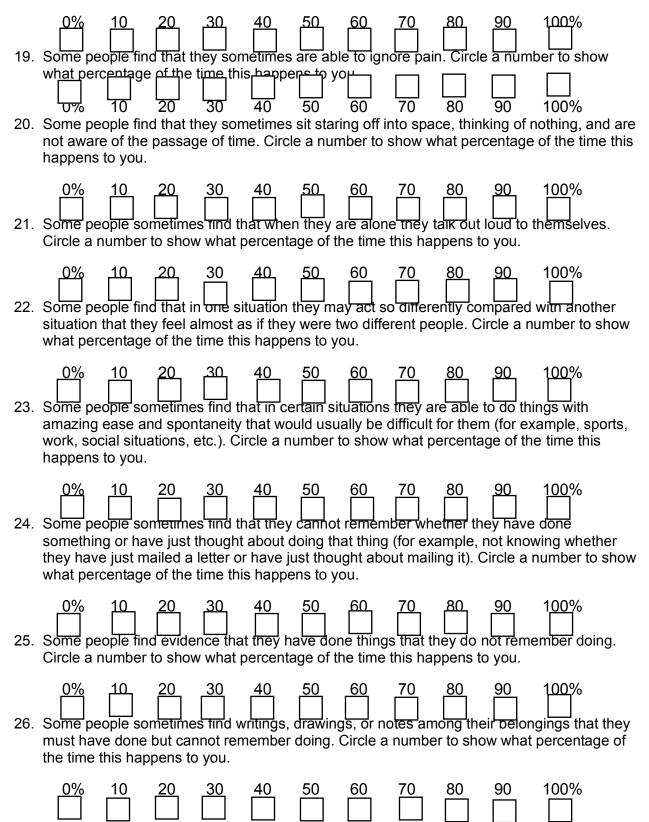
1. Some people have the experience of driving or riding in a car or bus or subway and suddenly realizing that they don't remember what has happened during all or part of the trip. Circle a number to show what percentage of the time this happens to you.



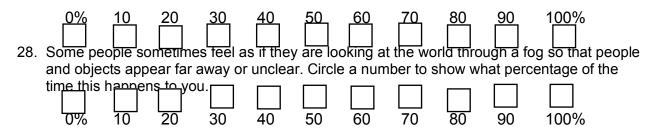
9. Some people find that they have no memory for some important events in their lives (for example, a wedding or graduation). Circle a number to show what percentage of the time this happens to you.



18. Some people find that they become so involved in a fantasy or daydream that it feels as though it were really happening to them. Circle a number to show what percentage of the time this happens to you.



27. Some people sometimes find that they hear voices inside their head that tell them to do things or comment on things that they are doing. Circle a number to show what percentage of the time this happens to you.



AMNESIA DEPER/DEREAL FANTASY PRONE INFLUENCE OF EGO STATES DISSOCIATIVE EXPERIENCES SCALE (DES)

Putnam & Carlson's: Drs, Eve Bernstein Carlson and Frank W. Putnam created the DES. This unofficial color coded version of the DES was added by Dr. George A. Fraser (Ottawa) to help therapists better understand the intent of the DES. This color coded version is not intended to be given to clients. Re: Fantasy Proneness, look up "Fantasy Prone Personality (Barber & Wilson) on internet. Re: #21: This is important when the talking 'Out Loud' is in response to internal voices.

ABSORPTION

NAME: DATE: AGE: SEX: Directions: This questionnaire consists of twenty-eight questions about experiences that you may have in your daily life. We are interested in how often you have these experiences. It is important, however, that your answers show how often these experiences happen to you when you are not under the influence of alcohol or drugs. To answer the questions, please determine to what degree the experience described in the question applies to you and circle the number to show what percentage of the time you have the experience. Ensure both sides are completed. Example: 0% 100% (never) (Alwavs) 1. Some people have the experience of driving a car and suddenly realizing that they don't remember what has happened during all or part of the trip. Circle a number to show what percentage of the time this happens to you. 0% 100% 2. Some people find that sometimes they are listening to someone talk and they suddenly realize that they did not hear all or part of what was said. Circle a number to show what percentage of the time this happens to you. 0% 100% 3. Some people have the experience of finding themselves in a place and having no idea how they got there. Circle a number to show what percentage of the time this happens to you. 0% 100% 4. Some people have the experience of finding themselves dressed in clothes that they don't remember putting on. Circle a number to show w hat percentage of the time this happens to you. 0% 100% 5. Some people have the experience of finding new things among their belongings that they do not remember buying. Circle a number to show what percentage of the time this happens to you. 0% 100% 6. Some people sometime find that they are approached by people that they do not know who call them by another name or insist that they have met them before. Circle a number to show what percentage of the time this happens to you. 0% 100% 7. Some people sometimes have the experience of feeling as though they are standing next to themselves or watching themselves do something as if they were looking at another person. Circle a number to show what percentage of the time this happens to you. 0% 100% 8. Some people are told that they sometimes do not recognize friends or family members. Circle a number to show what percentage of the time this happens to you. 0% 100% 9. Some people find that they have no memory for some important events in their lives (for example; a wedding, or graduation) Circle a number to show what percentage of the time this happens to you. 0% 100% 10. Some people have the experience of being accused of lying when they do not think that they have lied. Circle a number to show what percentage of the time this happens to you. 0% 100% 11. Some people have the experience of looking in a mirror and not recognizing themselves. Circle a number to show what percentage of the time this happens to you. 0% 100% 12. Some people sometime have the experience of feeling that other people, objects, and the world around them are not real. Circle a number to show what percentage of the time this happens to you. 0% 100% 13. Some people sometimes have the experience of feeling that their body does not belong to them. Circle a number to show what percentage of the time this happens to you. 0% 100%

14. Some people Circle a number								nt so vivid	ly that the	y feel as	if they were reliving that event.
	0%	10	20	30	40	50	60	70	80	90	100%
15. Some people just dreamed the									ber happ	ening re	ally did happen or whether they
	0%	10	20	30	40	50	60	70	80	90	100%
16. Some people percentage of the					familiar p	place but	finding it	strange a	and unfan	niliar. Ciro	cle a number to show what
percentage of th	0%	10	20	30	40	50	60	70	80	90	100%
17. Some people events happening											story that they re unaw are of the
	0%	10	20	30	40	50	60	70	80	90	100%
18. Some people them. Circle a nu									n that it fe	els as th	ough it were really happening to
	0%	10	20	30	40	50	60	70	80	90	100%
19. Some people you.	find that	they ar	e sometin	nes able	to ignore	e pain. Cir	cle a nui	nber to sl	how what	percenta	age of the time this happens to
you.	0%	10	20	30	40	50	60	70	80	90	100%
20. Some people number to show		-				-	ninking n	othing and	d are not	aw are of	the passage of time. Circle a
	0%	10	20	30	40	50	60	70	80	90	100%
21. Some people time this happen:		es find	that whe	n they are	e alone tl	ney talk o	ut loud to	themselv	/es. Circl	e a numb	er to show w hat percentage of t
	0%	10	20	30	40	50	60	70	80	90	100%
22. Some people different people/										ation that	t they feel almost as if they were
	0%	10	20	30	40	50	60	70	80	90	100%
											nd spontaneity that would usually entage of the time this happens to
	0%	10	20	30	40	50	60	70	80	90	100%
	t know ing	w hethe	er they ha	ve just m							ist thought about doing that thing cle a number to show what
percentage of th	0%	10	20	30	40	50	60	70	80	90	100%
25. Some people the time this hap			at they ha	ave done	things th	nat they d	lo not rer	nember d	oing. Circ	le a num	ber to show what percentage of
	0%	10	20	30	40	50	60	70	80	90	100%
26. Some people show what perce						among th	neir belor	gings tha	at they do	not reme	ember doing. Circle a number to
	0%	10	20	30	40	50	60	70	80	90	100%
27. Some people Circle a number		-						ell them to	o do thing	s or com	ment on things that they are doir
	0%	10	20	30	40	50	60	70	80	90	100%
28. Some people Circle a number								og so tha	t people (or objects	appear far aw ay or unclear.
	0%	10	20	30	40	50	60	70	80	90	100%